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**Microdermabrasion and Dermaplaning**

 **Pre Treatment Instructions**

* Avoid the following for five (5) days prior to Microdermabrasion:
	+ Botox injections
	+ Filler injections
	+ Retin-A, Renova, and all products containing hydroxy or glycolic acid products
* Microdermabrasion may cause a flare-up of the Herpes Simplex virus in patients prone to cold sores. You should see my physician regarding a preventative anti-viral prescription if you are prone to Herpetic outbreaks (cold sores/fever blisters.)
* Microdermabrasion is not recommended if you are currently taking or have taken **Accutane in the past 12 months.**
* If you have any of the following conditions in the area you are considering having treated, you should NOT undergo Microdermabrasion:
	+ Impetigo
	+ Inflamed eczema
	+ Herpes simplex (also known as cold sores or fever blisters)
	+ Undiagnosed skin lesions
	+ Sunburn.

*Please call 941-266-9090 with any questions or concerns.*

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